

## Transformational Journal Writing

"Journaling is like whispering to one's self and listening at the same time." Mina Murray

## A Women's Weekend Retreat focused on Journaling and Reflective Writing

A Tool for Gaining Self-awareness & Creating & Documenting Your Life

Jackson's Lodge & Log Cabins Lake Wallace, Canaan, VT www.JacksonsLodgeVT.net

May 15, 16, 17, 2020
Friday 3:00 PM until
Sunday 1:00 PM
Sliding Scale fee \$200.00 - \$350.00

Includes guided group writing and sharing, free time, accommodations for 2 nights in a fully furnished beach side log cabin & 5 home cooked meals catered by Jackson's Lodge

For more information & to register <a href="mailto:ie.on.literacy@gmail.com">ie.on.literacy@gmail.com</a>